

## **REDLANDS COMMUNITY HOSPITAL SUPPORT GROUPS**

**Action:** For families in emotional pain: 800-282-5660; Hotline: 800-367-8336

**Alcoholics Anonymous:** Recovery and support groups for alcoholics; 909-825-4700

**Alcoholics Anonymous Bilingual:** Adelanto, CA; 760-246-5834

**Al-Anon & Alateen:** For friends and families of alcoholics; 909-824-1516

**Alzheimer's Support:** For care givers and families (Redlands), 909-793-9500; for people caring for someone with Alzheimer's disease, 909-478-6128

**Alzheimer's Family Support Group:** San Bernardino, CA: 800-675-6694

**Amputees Support Group:** 909-423-0562 (Bill), 951-735-7963 (Bert), 951-845-6543 (Tom)

**Cancer Support Group Information:** 800-717-0373, 951-683-6415

**Caregivers Of Brain Impaired Adults Support Group For Spanish Speakers:**  
909-387-9440

**Compassionate Friends:** Support Group for Bereaved parents and siblings, 800-717-0373

**Depressive And Manic Depressive Self-Help Support Group:** (909) 862-1096

**Diabetes Education And Support:** 909-335-5501 ext 6393

**Eating Disorder Support Group:** (909) 381-2420

**Food Addicts Anonymous:** (877) 679-0707

**Grief Counseling:** (909) 335-5643

**Grief Support Groups:** (909)335-5643 for Redlands & other Inland Empire locations

**Children, Grief Support:** A Mourning Star facility for grieving children and those who love them, (951) 413-1317

**Grief Recovery Workshop:** (951) 274-2509, ext. 129

**Grief Support For Those Who Have Experienced The Loss Of An Infant Or Child:** (909) 792-2113

**Image Reborn:** A support group for women interested in option and alternatives for breast reconstruction, 909-427-6034

**Mental Illness Support Group:** For families and friends of the mentally ill. 909-820-5987

**Narcotics Anonymous:** Recovery and support group for substance abusers, 909-795-0464

**Option House:** Counseling for women in domestic violence, 909-381-3471

**Orton Dyslexia Society Adult Support Group,** (909) 886-3002

**Overeaters Anonymous Of The Inland Empire,** (909) 887-7972

**Stroke Survivors Support Group:** For individuals and their caregivers, (909) 335-5608

**Toughlove International:** Support for parents who have lost control of their children or out of control/troubled children 8-50 yrs. of age, (714) 665-6565