

HEALTHY LIVING RESOURCES

2015-2016

Inland Empire Support Groups - Loma Linda Behavioral Medicine:

<http://lomalindahealth.org/media/behavioral-medicine-center/pdfs/bmc-ie-support-groups-0414.pdf>; [detail available on separate sheet]

Loma Linda University Medical Center:

<http://lomalindahealth.org/medical-center/our-services/bereavement/resources/index.page>

GriefNet.org {grief support groups for kids, teens, & adults by email}

<http://www.griefnet.org/support/groups.html>

Redlands Community Hospital:

<http://www.redlandshospital.org/patients-visitors/support-groups/default.aspx>;
[detail available on separate sheet]

Redlands Church of Christ {free grief support facilitated by the minister who is a certified bereavement facilitator}:

www.redlandscoc.org/

GriefShare {Christian based support groups; no need to attend in sequence. In Redlands, Trinity Church is a provider.}

<http://www.griefshare.org/countries/us/states/ca/cities/redlands>

Inland Empire Perinatal Mental Health Collaborative {On bottom of page you can download PDF of grief & loss support services in Riv & SBDO counties.}

<http://www.iepmhc.org/resources-local>

Christian Counseling Services – Redlands {Fees can be adjusted to income & family size.}

<http://www.ccs-cares.org/>